

Hampton Roads Neuropsychology In-Office COVID-19 Precautions

Hampton Roads Neuropsychology continues to monitor COVID-19 and the evolving situation to coordinate preparation plans. HRN is an assessment-based practice. There is no invasive testing. Only 1-4 people are in our waiting room. We schedule 1 or 2 clients in the morning and in the afternoon. Disinfecting areas are completed upon clients leaving offices and at the end of the day. Client has the choice of having their appointment via telehealth or in the office. Screening are asked and documented at time of scheduling and confirming in-office appointments. We instruct client that only one other person can attend the appointment. Each person is requested to wear a face mask and sign COVID-19 screening document upon checking in for appointment. If they do not have a mask one will be provided. Also, effective April 9, 2020 Dr. Sautter was permitted to temporarily practice psychology in North Carolina until Governor Ray Cooper's Executive Order No., 116 is rescinded. HRN has successfully implemented telehealth interviews and assessments with a variety of referral questions and with different age groups.

Screening

COVID-19 questions currently are:

- In the last month, have you been in contact with someone who was confirmed or suspected to have Coronavirus/COVID-19?
- Do you have any of the following symptoms and/or signs, which include fever, cough and shortness of breath?
- Have you traveled internationally in the last month?

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

If client answered yes to any of the questions the appointment will be rescheduled 3 weeks later and we request a note from his/her PCP that patient is clear of virus.

Disinfecting products we use, CDC approved:

Lysol Advanced Disinfecting Wipes

Lysol Disinfecting Spray

Lysol Hydrogen Peroxide Disinfecting Spray

How we are prepared

- Your safety, and the safety of our staff is our highest priority.
- Our staff will report to the office manager if they have COVID-19 symptoms and will be told to get tested and not come to work for 14 days if testing was positive.
- Request clients to arrive wearing mask however, if they do not have a mask, we will provide one from our reception desk. We have hand sanitizer and tissues upon entering our office. Gloves are available upon request.
- We are cleaning our waiting rooms, door handles, and all shared surfaces frequently with CDC-approved disinfectant wipes
- We are cleaning rooms after each visit with disinfectant guidelines approved by the CDC. We can assure you our practice areas are safe for all patients
- Public restroom keys are cleaned with disinfecting wipes after each use

Prior to client entering room

Dr. Sautter-wears mask office chairs, desk and writing instruments wiped down with disinfecting wipes

Testing Rooms

Staff is wearing mask and gloves

Staff has wiped down inside of door handle, desk, chair, testing materials and instruments with disinfecting wipes

End of testing

Staff opens door and escorts client to waiting room or out of office

Additional interim guidance from the CDC on management of potential exposures in a healthcare setting can be found here-
<https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>

Finally, here are interim updates for healthcare personnel with potential exposure to patients with COVID-19-
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>